



Thermal Belt Unitarian

Universalist Fellowship

January, 2017

Services: 1st & 3rd Sundays 10:30 A. M.

Location: 835 N. Trade St., Tryon, NC

Coffee and Refreshments & Fellowship after service

Questions? Call 828-513-0570 Website: TBUUF.org

Mailing Address: P.O. Box 653, Tryon, NC 28782

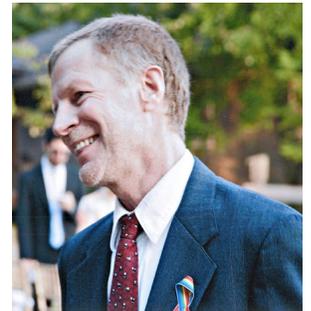
Please follow us on Facebook @ TBUUF

January 1, 2017 "Breaking the Old, Bringing in the New"

Reverend Dr. Mark Millinax

There is a difference between resolutions and being resolute. Who has not been like the guy who said: "Many people look forward to the new year for a new start on old habits"? Or another saying: "A New Year's resolution is something that goes in one year and out the other."

Face it, our New Year's resolutions often come without the resolve to make them resolute. We know that we should get out; initiate something; end something; discover something; awake the sleeping; air out closed spaces; and bring light to dark places. But inertia (like "compost") happens. Things at rest tend to stay there. Things in motion too, unless acted upon by an outside force. What is this force?



January 15, 2017

"Dreamer"

Reverend Michael Carter

This is a joke that Dr. King told on the Tonight Show back in 1968. I will do my best with it but I wanted to share his sense of humor with you because he had a great sense of humor.

He told the story of having to catch a flight out of Washington, D.C. that afternoon and the passengers had been notified that the plane was delayed because of what he called, "mechanical difficulties". He said that he was always very happy to land anytime he was on a plane where there were mechanical difficulties. He noted that he didn't want people to think that as a Baptist minister he did not have faith in God while in the air. It was just that all of his experiences with God had taken place on the ground. As you very rarely hear, Dr. King had a wonderful sense of humor.

At times I wonder what more can be said about this great man, for now like Lincoln before him, he too belongs to the ages. However, on January 15th we will once again celebrate the life of this "son of the south". Yes, one of the most influential individuals this nation has ever produced, and certainly one of the most gifted people of the 20th century. Happy King Day!



Dear Friends,

These are the suggestions of the late UU minister, the Rev. Lee Reid. Rev. Reid was the minister of the UU Congregation of the Palisades, in Englewood, New Jersey.

When she died, back in 1996, I had the pleasure of working there as their student minister under the supervision of retired UU minister, the Rev. Tom Chulak.

I'm not sure if the congregation still exists, but I have fond memories of serving there. Here is a to-do list for the beginning of this New Year.

If you have not already done so during the Holiday Season of 2016, it's not too late. Rev. Reid suggests we do the following if we can.



This New Year:

- Mend a quarrel.
- Seek out a forgotten friend.
- Dismiss suspicion, and replace it with trust.
- Write a love letter. Share some treasure.
- Give a soft answer.
- Offer encouragement.
- Manifest your loyalty in word and deed.
- Keep a promise.
- Find the time.
- Forgive an enemy.
- Listen. Listen some more.
- Apologize if you are wrong.
- Speak your love. Speak it again. Speak it still once again.
- Try to understand.
- Flout envy.
- Examine your demands of others.
- Think first of someone else.
- Appreciate.
- Be kind; be gentle.
- Laugh a little. Laugh a little more.
- Deserve confidence.
- Take up arms against malice.
- Decry complacency.
- Express your gratitude.
- Welcome a stranger.
- Gladden the heart of a child.
- Take pleasure in the beauty and wonder of the earth.

(Thank you Rev. Reid for these wonderful life filled words, whatever dimension you find yourself traveling in).

HAPPY★NEW★YEAR

Michael



January 1, 2017

A note from Michael:

Well the people have spoken (and yes, after Nov. 9, 2016, that voice still counts for something!) The consensus is that we will continue our dialogue *On The Subject of Race*, with a few tweaks here and there. We will continue to meet at the UU Fellowship of Hendersonville on 2021 Kanuga Road.

The first tweak is that we will be meeting on Thursday evenings.

Thursday, January 26, 2017 6 - 8 P.M.

Thursday, February 16, 2016 6 - 8 P.M.

Thursday, March 23rd, 2017 6 - 8 P.M.

Secondly, our talks will center around the DVDs entitled, *Back To Eden*. From the award winning director of *The Color of Fear*, comes Lee Mun Wah's film about nine women and men who begin an honest and emotionally charged conversation about how racism and sexism has affected their lives and families. Each of their stories is filled with history, courage, and wisdom, for their voices and struggle remind us how much further we still need to go.

The format is still the same with conversations and insights to be shared before and after the film. The Rev. Jim Mckinley and The Rev. Michael J Carter will be facilitating.

Looking forward to seeing you there in the New Year!

Other Announcements

Our second quarter Polk County Outreach collection will be on Jan 15th. This is an opportunity we elected to do in lieu of bringing canned goods. Outreach needs and uses monetary contributions to fill in for necessary food items that are needed such as dairy and other perishable items. TBUUF will **not** meet on January 29th.

New Year Events

Open Book Discussion - *Small Great Things* by Jodi Picoult

On Friday, January 6th, a number of us are meeting at Black Coffee at 7 p.m. to discuss the book *Small Great Things* by Jodi Picoult. This book and the discussion group came from others in Tryon who attended the "Dismantling Racism" workshop. You don't have to have attended the workshop to attend the book discussion but you should read the book, if you wish to attend. Expect to meet others who are not a part of our UU community.

-Robbie

NEW UU BOOK CLUB

Would you like to be in a book club with other TBUUF members and friends?

If so, then please join us on the first Wednesday in February at 2 p.m.

For this first meeting, we'll read *Knocking on Heaven's Door: The Path to A Better Way of Death* by Katy Butler.

Feb. 1st, at 2:00 P. M, we'll discuss the book at the Black Coffee House Tryon.

Note: If five of us order the book from the Bookshelf in Tryon, she'll give us a 10 % discount.

Call Robbie ter Kuile, 828-817-0382, if you'd like her to place an order for you.